

Skills and Work Directory

May 2022 edition

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If you are not quite ready for education, employment or training:

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(click on each to find out more)

Useful contacts

Key contact	Job title	Service area	Contact
Mat Ainsworth	Assistant Director for Skills, Work and Inclusive Economy	Skills and Work	Tbc
Skills and Work Team	N/A	Various – Skills and Work	skillsandwork@salford.gov.uk
Alison Burnett	Senior Manager Joint Commissioning	Skills and Work	alison.burnett@salford.gov.uk
Angela Arthur	Commissioning Manager	Skills and Work	angela.arthur@salford.gov.uk
Sarah Scanlan	Head of Participation (14 - 19)	Skills and Work	sarah.scanlan@salford.gov.uk
Emma Nolan	Commissioning Manager	Skills and Work	emma.nolan@salford.gov.uk
David Timperley	Commissioning Manager	Skills and Work	david.timperley@salford.gov.uk
Sebastian Young	Commissioning Officer	Skills and Work	sebastian.young@salford.gov.uk
Adele Jones	Raising Participation Policy and Development Officer	Skills and Work	adele.jones@salford.gov.uk
Nicola Griffiths	Commissioning Officer	Skills and Work	nicola.griffiths@salford.gov.uk
Katarzyna Judd	Community Development Support Officer	Skills and Work	katarzyna.judd@salford.gov.uk
Hayley Marsh	Commissioning Support Officer	Skills and Work	hayley.marsh@salford.gov.uk
Jordi Matthews	Trainee Commissioning Support Officer	Skills and Work	jordi.matthews@salford.gov.uk
Mariam Wahab	Commissioning Officer	ESOL	mariam.wahab@salford.gov.uk
John Jordan	Project Coordinator	Build Salford	john.jordan@salford.gov.uk
Duncan Hilton	Supporting Families Employment Adviser	Supporting Families	duncan.hilton@dwp.gov.uk
Christine English	Partnership Manager	DWP	christine.english@dwp.gov.uk
Michelle Warburton	Strategic lead at Salford CVS	Community/voluntary	michelle.warburton@salfordcvs.co.uk
Salford Community Leisure	Libraries, leisure centres, museums and community centres in Salford	Community	For further information visit Salford Community Leisure
Mark Nevin	Gateways	Community	mark.nevin@salford.gov.uk

Angela Eden	Health Improvement	Community	angela.eden@salford.gov.uk
Nicola Spiby	Social Prescribing	Community	nicola.spiby@thebiglifegroup.com
Tbc	Salford contact for Greater Manchester Combined Authority	Skills and Work	Tbc
Jackie Crook	Chair of Strategic Housing, Skills and Work Group	Community/Skills and Work	jackie.crook@salixhomes.co.uk
Fay Flatt	Neighbourhood Development Officer <i>Little Hulton, Walkden, Worsley, Boothstown and Ellenbrook</i>	Community	fay.flatt@salford.gov.uk
Paula Garstang	Neighbourhood Development Officer <i>Eccles, Winton, Barton, Higher Irlam, Peel Green, Lower Irlam & Cadishead</i>	Community	paula.garstang@salford.gov.uk
Joanne Skeels	Neighbourhood Development Officer <i>Ordsall, Quays, Pendleton, Charlestown, Claremont, Weaste & Seedley Wards</i>	Community	Joanne.skeels@salford.gov.uk
Lucy Renwick	Neighbourhood Development Officer <i>East Salford and Swinton</i>	Community	lucy.renwick@salford.gov.uk
Gemma Lancashire	Neighbourhood Management Admin Officer <i>Eccles and Irlam & Cadishead</i>	Community	Gemma.Lancashire@salford.gov.uk
Patrick Sullivan	Salford Youth Service Manager	Children's Service	patrick.sullivan@salford.gov.uk
Phil East	Chief Executive of Salford Foundation	Community	phil.east@salfordfoundation.org.uk
Mike Thorpe	Chief Executive of Broughton Trust	Community	mike.thorpe@thebroughtontrust.org.uk

First steps

Provider	Offer	Contact Details
Loaves and Fishes	<p>Target age group: All ages.</p> <p>Offer: Loathes and Fishes can help with advice and referrals into Housing, support with food, finances, health, accommodation and benefits. They also offer IAG and links into lots of other services that can help you.</p>	<p>Phone: 0161 737 8775</p> <p>Email: j.drew@salfordloavesandfishes.org.uk</p> <p>Website: https://www.salfordloavesandfishes.org.uk/index.asp</p>
Mustard Tree	<p>Target age group: All ages.</p> <p>Offer: Mustard Tree create opportunities for people to help themselves through providing practical support, friendship, connections into work, improvements to health and wellbeing plus new experiences to encourage aspiration.</p>	<p>Phone: 0161 505 0974</p> <p>Email: courtney.handforth@mustardtree.org.uk</p> <p>Website: https://mustardtree.org.uk/</p>
Motiv8	<p>Target age group: 25+.</p> <p>Focus areas: IAG, training, employer engagement and community learning.</p> <p>Offer: Motiv8 will help you identify a support package to improve your access to services and help you improve your self-confidence, self-esteem, health and wellbeing, finances and employability skills to move you closer towards job search, training and employment.</p>	<p>Phone: 0161 331 2048</p> <p>Email: info@manchesterbbo.co.uk</p> <p>Wesbite: www.motiv8mcr.org</p>
Oasis Community Hub: MediaCityUK	<p>Target age group: All ages.</p> <p>Focus areas: IAG and community learning.</p> <p>Offer: ESOL community support, venue for training providers - employability, business and networking.</p>	<p>Email: hannah.miller@oasismediacityuk.org</p> <p>Wesbite: www.oasishubmediacityuk.org</p>
START in Salford	<p>Target age group: 19+.</p>	<p>Phone: 0161 351 6008</p> <p>Email: michelle@startinspiringminds.org.uk</p>

	<p>Focus areas: Creative Arts & Horticulture, Social Prescribing, Mental Health Support.</p> <p>Offer: START is a Salford based mental health charity that uses creativity, connection and recovery interventions to help improve people's lives. We are passionate about providing the very best support for the people in our community who we are lucky enough to meet through our work.</p>	<p>Website:</p> <p>www.startinspiringminds.org.uk</p>
Salford Foundation	<p>Target age group: 18+.</p> <p>Salford Men's Shed at Salford Foundation provides a safe space for vulnerable men to meet with a mentor, create a personal development plan and address their various levels of needs. A new timetable of activities is released monthly to showcase upcoming workshops including employability and enterprise, confidence building, practical horticulture, construction, as well as general opportunities to socialise, learn a skill or speak to a counsellor on a 1:1 basis.</p>	<p>Email:</p> <p>Adrian.fields@salfordfoundation.org.uk or Terry.george@salfordfoundation.org.uk</p>
		<p>Website:</p> <p>salfordfoundation.org.uk</p>
Talk English	<p>Target age group: 18+.</p> <p>Talk English provide free ESOL classes in Salford for beginners with the aim of helping learners improve their skills and confidence when communicating in English through focused tuition. Classes are taught by qualified English language tutors through Train-to-TEFL.</p>	<p>Phone: 07754 239 939</p> <p>Email:</p> <p>suzannah.redmond@salford.gov.uk</p>
		<p>Website:</p> <p>https://www.salford.gov.uk/jobs-skills-and-work/help-finding-work-and-training/talk-english-salford/</p>
Salford CVS	<p>Target age group: All ages.</p> <p>Salford CVS provide a high-quality training programme specifically designed to meet the needs of Voluntary, Community and Social Enterprise organisations in Salford. The training is either free or competitively priced to support Salford VCSE organisations of all sizes to attend.</p>	<p>Phone: 0161 787 7795</p>
		<p>Website:</p> <p>https://www.salfordcvs.co.uk/</p>

Wellbeing Matters - Social Prescribing <i>Salford CVS</i>	<p>Target age group: 18+.</p> <p>Offer: Wellbeing Matters includes a social prescribing approach that links statutory health and care services to the voluntary, community and social enterprise sector.</p> <p>The aim is to support people to connect to local community assets to support their wellbeing and independence, reducing the need for intervention by health and care services.</p>	<p>Email: nicola.spiby@thebiglifegroup.co.uk</p> <p>Website: https://www.salfordcvs.co.uk/wellbeing-matters</p>
Yemeni Community Association	<p>Target age group: All ages.</p> <p>Offer: The Yemeni Community Association's (YCA) main mission is to pursue for a positive change amongst BAME communities within Salford and Greater Manchester in social engagement, equality, inclusion, community cohesion and physical and mental wellbeing.</p>	<p>Phone: 0161 707 7012</p> <p>Website: www.yemeni-community-manchester.org.uk</p>
Langworthy Cornerstone	<p>Target age group: All ages.</p> <p>Offer: The centre hosts and provides a wide range of services and activities for the local community and has a variety of both hourly rental rooms and office space available for hire. The centre is managed by a local charity called Langworthy Cornerstone Association and our main purpose is to improve the health & wellbeing of the people of Salford, especially those of Seedley & Langworthy.</p>	<p>Phone: 0161 213 1920</p> <p>Email: reception@langworthycornerstone.co.uk</p> <p>Website: http://www.langworthycornerstone.co.uk/</p>
The Tatton - previously Ordsall Cafe Project Ltd	<p>Target age group: All ages.</p> <p>Offer: The Tatton provides accessible, friendly and safe resources and social centre to improve the quality of life for the community of Ordsall. They have a café for people who would like a chat and a cup of tea.</p>	<p>Phone: 0161 872 6011</p> <p>Email: ordsall.cafe@hotmail.co.uk</p>

The Broughton Trust	Target age group: 18+. Offer: The Trust provides adult learning, employment support and community development across the city.	Phone: 0161 831 9807 Email: marie.carroll@thebroughtontrust.org.uk
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All ages

Adult Education – Vocational training

Provider	Offer	Contact Details
The Training Brokers Limited	Target age group: 19+. Focus areas: IAG, training organisations and community learning. Offer: IAG, vocational and training courses.	Phone: 0161 465 9844 Email: mcompton@thetrainingbrokers.co.uk Website: www.thetrainingbrokers.co.uk
Seetec Outsource	Target age group: 16+. Focus areas: IAG, apprenticeships, traineeships, study programmes, training organisations, employer engagement and community learning. Offer: We offer ESOL from Entry 1,2,3 and Level 1 & 2 Daytime and part time evening courses. Level 1 Business Administration, Level 1 Health and Social Care and FLT courses.	Email: paul.maleque@seetecoutsource.co.uk Website: https://www.seetecoutsource.co.uk/
The Job Gym at Mantra Learning	Target age group: All ages. Focus areas: IAG, apprenticeships, traineeships, study programmes, training and employer engagement. Offer: Traineeships and pre-employment programmes in logistics.	Phone: 0333 220 6645 Email: sarah.b@mantralearning.co.uk Website: www.thejobgym.co.uk
Vita Skills Ltd	Target age group: 19+. Focus areas: Training. Offer: We offer courses in gel nails, beauty services, cosmetic make up and hair dressing Level 2.	Phone: 0161 222 9640 Email: sharon.wright@vitaskills.co.uk Website: https://www.vitaskills.co.uk

Serco	Target age group: All ages. Focus areas: IAG, traineeships, study programmes, employer engagement, community learning and in work support. Offer: Offering businesses and individuals in Greater Manchester access to fully funded digital training courses & Microsoft Accreditations. We will work with people to develop bespoke digital skills training relevant to their needs.	Email: amy.dudley@serco.com
		Website: https://www.serco-ese.com/digital-careers-upskill
Salford City College (Adult provision)	Target age group: 19+. Salford City College offer a range of adult courses for people who are looking to learn something new, upskill, return to education or begin a new career.	Phone: 0161 631 5050 Email: nicola.costello@salfordcc.ac.uk
		Website: https://www.salfordcc.ac.uk/adult-courses/
People Plus	Target age group: 16+. People Plus help people gain the skills they need to find work, to progress their careers, to launch new businesses and to live independently.	Website: https://peopleplus.co.uk/region/manchester
The B2W Group	Target age group: 18+ The B2W Group offer a range of E-learning courses, pre-employment training and the Digital Marketer Level 3 Apprenticeship in and around the Greater Manchester area.	Phone: 0161 474 7603 Email: info@b2wgroup.com
		Website: https://b2wgroup.com/

Adult Education – Community learning

Provider	Offer	Contact Details
Corinth Business and Community Training C.I.C.	Target age group: 19+. Focus areas: Training and community learning. Offer: We offer a range of IT, English, math, confidence building, craft, Photoshop, web building, office work & admin, Microsoft Office, youth work and teaching adults courses to Salford residents aged 19 and over irrespective of	Email: info@corinth-training.com
		Website: https://corinth-training.com

	employment status. All our community courses are free of charge to Salford residents.	
Train-to-TEFL Ltd	Target age group: 19+. Focus areas: Traineeships, study programmes, training and community learning. Offer: Train-to-TEFL Ltd offer Esol pre entry to Level 2 (inc Talk English), IELTS preparation courses (International English Language Testing System), Level 5 TESOL teaching certificate, volunteer ESOL teacher training, bespoke language awareness training and EAL support and consultation.	Email: learnmore@train-to-tefl.com
		Wesbite: www.train-to-tefl.com
Inspiring Communities Together	Target age group: All ages. Focus areas: IAG, traineeships, study programmes and community learning. Offer: We offer training and employment programmes, community based digital skills for the over 55's (tech and tea), age friendly engagement activities such as brew and chat, walk and talk, environmental and educational activities with volunteering opportunities. We run and manage the Swinton health neighbourhood social prescriber, well-being activities for individuals and families, the working wardrobe for Salford and we run a locally based nursery.	Email: nicola@inspiringcommunitiestogether.co.uk
		Wesbite: www.inspiringcommunitiestogether.co.uk
Wai Yin Society	Target age group: All ages. Focus areas: IAG, community learning, family support, emergency food parcels and elderly activities. Offer: We offer IAG, ESOL, ICT, employability and pre-employment training. The levels are from pre entry and above.	Phone: 0161 833 0377
		Email: wai_ling_tang@waiyin.org.uk Wesbite: www.waiyin.org.uk
Talk English	Target age group: 18+.	Phone: 07754 239 939

	Talk English provide free ESOL classes in Salford for beginners with the aim of helping learners improve their skills and confidence when communicating in English through focused tuition. Classes are taught by qualified English language tutors through Train-to-TEFL.	Email: suzannah.redmond@salford.gov.uk
		Website: https://www.salford.gov.uk/jobs-skills-and-work/help-finding-work-and-training/talk-english-salford/

Education, apprenticeships, skills & training

Provider	Offer	Contact Details
The University of Salford	Target age group: 18+. A range of undergraduate, postgraduate and degree level apprenticeship opportunities in Salford.	Website: https://www.salford.ac.uk/
JM Excellence in Training	Target age group: All ages. Focus areas: Apprenticeships, traineeships and study programmes. Offer: Apprenticeships in Teaching Assistant, Early Years, Business Admin, Customer Service, Leadership and Management and Traineeships in all sectors.	Email: clare@jmet.org.uk Website: https://jmet.org.uk/
The Growth Company	Target age group: 19+. Focus areas: Adult courses, higher education and apprenticeships.	Email: naomi.ilagoswa@gcemployment.uk Website: https://www.gceducationandskills.ac.uk/
ESOL Advice Service	Target age group: 18+. Offer: Learn English in Greater Manchester.	Phone: 0161 793 3225 Email: SalfordESOL@salford.gov.uk Website: https://gmesol.org/
Salford City College	Target age group: 16+. Offer: A range of further education courses from entry level to higher education. Also a full range of apprenticeship opportunities.	Phone: 0161 631 5050 Email: <i>Apprenticeships -</i> allan.milne@salfordcc.ac.uk <i>Further education -</i> Sharon.Sharples@salfordcc.ac.uk

		Website: https://www.salfordcc.ac.uk/
Skills Support for Employment ESF <i>The Growth Company</i>	Target age group: 19+. Skills Support for Employment aims to improve a person's skills and knowledge, boost their confidence and put them in a better position to secure employment. The course will provide exclusive job opportunities that are not advertised anywhere else, an extensive network of employers and one to one support to meet individual needs.	Phone: 0161 240 6123 Email: EmploymentGM@gcskills-support.uk or joann.webster@gceducationandskills.ac.uk Website: https://www.gcskills-support.uk/services/skills-support-for-employment/

Employability and careers

Provider	Offer	Contact Details
National Careers Service	Target age group: 18+. The National Careers Service provide IAG across Salford and surrounding areas to help people make decisions on learning, training and work. The service offers confidential and impartial advice and is supported by qualified careers advisers.	Phone: 0800 100 900 Email: tracey.harmer@gcemployment.uk Website: https://nationalcareersservice.direct.gov.uk
Motiv8	Target age group: 25+. Motiv8 support people in Greater Manchester to help them get their lives back on track. Motiv8 offer support to people experiencing issues with health, alcohol, drugs, domestic violence, debt, homelessness and other challenges. Motiv8 will help to develop a support package to improve access to services and improve self-confidence, self-esteem, health, wellbeing, finances, and employability skills to move closer towards job seeking, training and employment.	Email: emma.maher@manchesterbbo.co.uk Website: https://www.motiv8mcr.org/
Working Well (Work and Health programme) <i>The Growth Company</i>	Target age group: 18+. A tailored 15 month programme of support, helping people who have a health condition, or who have been out of work for a long time, find employment. Aimed at people who wish to move into work within the	Email: Shannon.Kelly@gcemployment.uk Website: https://www.inworkgm.co.uk/join-the-programme

	next year, the service can offer access to exclusive vacancies, Health and Wellbeing specialists and connect to a range of community support.	
Working Well - JETS <i>The Growth Company</i>	Target age group: 18+. A fully-funded, tailored six-month programme of support, helping individuals who have worked in industries heavily impacted by the pandemic to upskill and empower them to seek sustainable employment in growing sectors. Job Entry: Targeted Support provides fast paced continuous support to jobseekers for a maximum of six months, with an aim to support people back into work quickly. This service is an expansion of the Work and Health Programme, funded by the Department for Work and Pensions and the European Social Fund.	Email: Gary.Beasley@gcemployment.uk
		Website: https://www.ingeus.com/jetsgm
The Restart Scheme <i>The Growth Company</i>	Target age group: 18+. The Restart Scheme supports unemployed people across Greater Manchester to help secure sustainable employment in these areas.	Email: polly.rogers@gcemployment.uk
		Website: https://ingeus.com/uk/what-we-do/employability/restart-scheme/greater-manchester
Salford Health Works (referral only) <i>The Growth Company</i>	Target age group: 18-65 year olds. Salford Health Works is an integrated service that supports Salford residents to make positive and lasting changes to their lifestyle. Salford Health Works provides a coherent, co-ordinated package of wellbeing and employability support to Salford residents.	Phone: 0161 603 6847 Email: kerry.grange@gcemployment.uk
DWP	Target age group: 16+. Offer: Support through one to one contact or through supporting network.	For all partnership queries email: christine.english@dwp.gov.uk
		Website: www.gov.uk
Job Club	Target age group: All ages. Salford Housing Associations' Employment Support Partnership provides individual employment and training advice. They run a virtual job	Email: jackie.crook@salixhomes.co.uk

	<p>club to help Salford residents into work and improve their lives.</p> <p>Housing associations include Salix Homes, ForHousing, Clarion, Onward Homes, Irwell Valley Homes and Great Places Housing Group. Where they predominantly operate.</p>	
Salford Futures	<p>Target age group: 16+.</p> <p>Salford Futures provides support to unemployed Salford residents through the provision of work experience placements and pre-employment training and support. It also encourages local employers to create and develop employment opportunities through the provision of grants, funding and wider business support.</p>	<p>Email: David.Timperley@salford.gov.uk</p> <p>Website: https://www.salford.gov.uk/jobs-skills-and-work/salford-futures/</p>
Salford Employ	<p>Target age group: 16-74 year olds.</p> <p>Salford Employ offers a bespoke 'one stop' offer on behalf of Salford City Council's Employer Engagement Partnership, in order to connect local people and businesses to opportunities in Salford.</p> <p>Salford Employ connects residents to job and apprenticeship vacancies, work experience and pre-employment training opportunities.</p>	<p>Phone: 0161 237 4176</p> <p>Email: salfordemploy@salford.gov.uk</p> <p>Website: https://www.salford.gov.uk/jobs-skills-and-work/help-finding-work-and-training/job-help-for-residents-and-businesses/</p>
JEWEL	<p>Target age group: 16-65 year olds.</p> <p>The JEWEL Foundation is an employment support service which has been established to enhance the economic sustainability of Manchester's Jewish community. Their mission is to help people identify their specific skills and potential, remove any barriers which may prevent people from finding and securing meaningful employment and provide enhanced training and routes to employment.</p>	<p>Phone: 0161 798 2123</p> <p>Website: https://jewel.org.uk/</p>

Business support

Provider	Offer	Contact Details
Women With Wings	Target group: Women.	Phone: 07466 380 504

	Offer: Women With Wings focus on supporting women getting into training, employment and self-employment.	Email: hello@womenwithwingsgroup.org Website: https://womenwithwingsgroup.org/
Banana Enterprise	Target age group: 18+. Offer: Banana Enterprise help unemployed people explore the idea of self-employment and other training linked to employment/self-employment and personal development training. They also offer community based activities.	Email: jayne@bananaenterprise.co.uk Website: http://www.bananaenterprisework.co.uk/
The Business Group	Target age group: 18+. Focus areas: Business and self-employed support. Offer: Tailored business support, mentoring, employability support to M3 postcodes, grants and loans.	Email: jonmonk@thebusinessgroup.org Website: www.thebusinessgroup.org
Oasis Community Hub: MediaCityUK	Target age group: All ages. Focus areas: IAG and community learning. Offer: ESOL community support, venue for training providers - employability, business and networking.	Email: hannah.miller@oasismediacityuk.org Website: www.oasishubmediacityuk.org
Enterprising You <i>The Growth Company</i>	Target age group: 18+. A fully-funded, tailored programme supporting self-employed, gig economy and small business owners in Greater Manchester. We offer free training and development, paid for co-working spaces, finance advice, health and wellbeing guidance, business mentoring and online access to business and wellbeing resources.	Phone: 0161 667 6900 Email: Info@enterprising-you.co.uk Website: http://www.enterprising-you.co.uk/

Support for ex/offenders

Provider	Offer	Contact Details
Back on Track	Target age group: 18+.	Phone: 0161 8341 661

	<p>Focus areas: IAG, community learning and specialist IAG support for those with barriers.</p> <p>Offer: Our learning centre in central Manchester offers a range of support and activities including courses with a focus on wellbeing, training courses, one to one guidance and work experience.</p>	<p>Email: samantha@backontrackmanchester.org.uk</p> <p>Website: https://www.backontrackmanchester.org.uk/</p>
Salford Foundation	<p>Target age group: 18+.</p> <p>Salford Men's Shed and the Jill Rogerson Centre (Women's centre) at Salford Foundation provide safe spaces for ex-offending men and women to access a range of services including ETE, accommodation, debt and money management advice and support.</p>	<p>Email: Sandrine.beaunol@salfordfoundation.org.uk (Men services)</p> <p>Maggie.Langhorn@salfordfoundation.org.uk (Women Services)</p> <p>Website: salfordfoundation.org.uk</p>
Step Together	<p>Target age group: 16-25 year olds.</p> <p>Step Together support young people to prevent re-offending. They offer 1-1 support, employability and mentoring.</p>	<p>Email: wendy.callaghan@step-together.org.uk</p> <p>Website: Ex-offenders — Step Together (step-together.org.uk)</p>

Supported employment

Provider	Offer	Contact Details
Remploy <i>Maximus</i>	<p>Target age group: All ages.</p> <p>Focus areas: Employer engagement and in work support.</p> <p>Offer: Employment support.</p>	<p>Email: cara.caso@remploy.co.uk or colette.callaghan@remploy.co.uk</p> <p>Website: https://www.remploy.co.uk/</p>
Pure Innovations – Supported Internships	<p>Target age group: 16-24 year olds.</p> <p>Supported Internships are employment-based courses for young people with Special Education Needs and Disabilities (SEND). They offer opportunities to develop genuine employability skills and experience. Based in real work-places they involve working alongside other working people. This enhances teamwork and social skills.</p>	<p>Email: neil.willows@pureinnovations.co.uk margaret.parker@pureinnovations.co.uk</p> <p>Website: (College) https://www.salfordcc.ac.uk/eccl-es-sixth-form-college/supported-internship/</p> <p>Website: (Council) https://www.salford.gov.uk/jobs</p>

		-skills-and-work/salford-supported-internship/
Dyslexia First LTD	<p>Target age group: 19+.</p> <p>Focus areas: IAG, dyslexia assessments and associated advice & guidance as demonstrated through contract delivery via DWP DPS.</p> <p>Offer: Dyslexia assessments with evidential report listing required reasonable adjustments for training providers or employers. Supporting customer mental health and confidence in their abilities, advising JCP on required Assistive Technology that will support claimant.</p>	Email: joeleychip@gmail.com
Salford Disability Employment Advisor – DWP	<p>Target age group: 19+.</p> <p>Focus areas: IAG, apprenticeships, traineeships, study programmes, training, employer engagement and in work support.</p> <p>Offer: Salford DEAs can help those with disabilities to explore suitable work, training, and community activities. DEAs also raise awareness of DWP disability services, such as Access to Work, with residents and providers.</p>	Email: LEE.STAPLETON@DWP.GOV.UK Website: www.dwp.gov.uk
Ambitious About Autism	<p>Target age group: 16-25 year olds.</p> <p>Offer: Ambitious About Autism offer autistic young people a safe and moderated online space to help them understand their autistic identity and reduce isolation and loneliness that many feel. Young people will be able to take part in peer support sessions, share experiences and find volunteering, work experience and employment opportunities. There will also be opportunities for them to work together and campaign for change.</p>	Phone: 020 8815 5444 Website: https://www.ambitiousaboutautism.org.uk/

IPES Programme	Target age group: 16-67 years old. Offer: Intensive Personalised Employment Support is one-to-one support and training to help you into work if you have a disability.	Phone: 0151 556 9250 or 07834 764 900 Email: Moira.Robertson@gcemployment.t.uk
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Young People

Education

Provider	Offer	Contact Details
Salford City College	Target age group: 16-18 year olds. Offer: Salford City College is a Further Education and Higher Education provider. The group consists of five Further Education Colleges and a University Centre, including Apprenticeships at Salford City College, Eccles Sixth Form College, FutureSkills at Media City UK, Pendleton Sixth Form College, City Skills part of Salford City College, Worsley College and University Centre at Salford City College.	Phone: 0161 631 5008 Email: admissions@salfordcc.ac.uk Website: https://www.salfordcc.ac.uk/
Salford City College Apprenticeship Team	Target age group: 16+. Offer: Providing apprenticeship programmes in key growth sectors in Greater Manchester such as health and social care, professional and financial services, construction or education.	Phone: 0161 631 5555 Email: apprenticeships@salfordcc.ac.uk Website: https://www.salfordcc.ac.uk/apprenticeships-salford-city-college/
The University of Salford	Target age group: 18+. Offer: A range of undergraduate, postgraduate and degree level apprenticeship opportunities in Salford.	Website: https://www.salford.ac.uk/

Re-engagement

Provider	Offer	Contact Details
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Connexions	<p>Target age group: 16-18 year olds.</p> <p>Offer: Salford Connexions help young people to move into new education, training and employment opportunities. The service offers careers information, advice and guidance as well as support with CV writing, job searches and applications, and referrals to partner agencies for specialist support.</p>	<p>Email: gavin.armstrong@careerconnect.org.uk</p> <p>Phone: 0161 393 4500</p>
<p>ESF Career Connect <i>Connect to your future</i></p>	<p>Target age group: 15-19 year olds.</p> <p>Target cohort: risk of NEET or NEET young people.</p> <p>Offer: This programme will offer support through an intensive key worker role, who will build relationships with young people to support their transition into education, employment, or training. They will support the young people to recognise and overcome their barriers through practical help, support and signposting. Access to bespoke enrichment activities to build confidence, support engagement and identify their career ambitions. Financial support is available for Our Pass and Identification documents.</p>	<p>Phone: 0161 393 4500</p> <p>Email: Stacey.burgess@careerconnect.org.uk</p>
<p>ESF Ingeus/ Broughton Trust <i>Future You</i></p>	<p>Target age group: 19-24 year olds.</p> <p>Target cohort: unemployed young people including those claiming universal credit and/or those who are 'hidden' and not claiming through the welfare system.</p> <p>Offer: The programme will offer support through outreach and mentors who will support young people to address their barriers to education, employment or training and work alongside partners and employers to seek suitable and sustainable opportunities. The support will be offered as outreach in the local community to suit the preference of young people.</p>	<p>Phone: 0800 024 9006</p> <p>Website: https://startfutureyou.co.uk/register</p>
<p>Skills Support for Growth ESF <i>The Growth Company</i></p>	<p>Target age group: 15-18 year olds.</p> <p>Target cohort: risk of NEET or NEET young people.</p> <p>Offer: This programme will offer support through a key worker role, who will caseload the young person and offer bespoke support to engage them in</p>	<p>Email: kelly.swindlehurst@gceducationandskills.ac.uk</p>

	compliant education, employment or training. Staff will maintain monthly contact with the young person and will have a suite of regulated learning that they can use to upskill young people linked to their employability and readiness for their next steps. If the young people are already engaged in a setting such as a school, college or training provider, appropriate access to the young people will need to be considered.	
Prince's Trust	Target age group: 11-30 year olds. Offer: The Prince's Trust helps young people who are unemployed, struggling at school and at risk of exclusion. The aim is to give individuals the skills, tools, training and confidence needed to get an apprenticeship or paid work.	Phone: 0800 842 842
		Website: https://www.princes-trust.org.uk/help-for-young-people/get-in-touch
Salford Foundation	Target age group: 16-25 year olds. Offer: Find my Future is a fully funded 4 weeks training programme for 16-25yo young people looking to build a career in construction, or hospitality. Whether looking to become self-employed, or to gain employment, the programme is supported by a range of professional partners to support training and securing an opportunity at the end of the course.	Phone: 0161 787 8500 Email: Sandrine.beaunol@salfordfoundation.org.uk or Diane.driscoll@salfordfoundation.org.uk
		Website: www.salfordfoundation.org.uk
Salford Youth Alliance	Target age group: 8-24 year olds. Offer: Salford Youth Alliance is a three-year project that will support more than a thousand people through the Big Lottery Fund's Reaching Communities programme in a bid to improve co-ordination of youth services in Salford and tackle crime and anti-social behaviour by providing ongoing opportunities to keep young people engaged with the local community.	Phone: 0161 778 0756 Email: asa.keenan@youthalliance.org.uk
		Website: http://www.youthalliance.org.uk/
Greater Manchester Youth Network	Target age group: 13-25 year olds. Offer: GMYN deliver a range of development programmes and drop-in activities to help young people transition to adulthood feeling skilled, supported and positive.	Phone: 0161 234 2950 Email: adam.webster@gmyn.co.uk
		Website: https://gmyn.co.uk/
DWP Youth Support	Target age group: 16-24 year olds.	Email: Sara.pugh@dwp.gov.uk

	Offer: The programme offers support through workshops, interventions, job search/application support and interview skills.	
Unity Radio	Target age group: 18-30 year olds. Offer: Unity Radio offer young people a level 2 course over 7 weeks to learn about radio production, live broadcasting and creative media.	Phone: 07880 861 153 Email: lee@unityradio.co.uk
		Website: www.unityradio.fm
The Lowry	Target age group: 13-24 year olds. Offer: The Lowry offer creative employability opportunities for anyone who is feeling isolated, would like to build up their confidence, gain an insight into the arts or undertake work experience.	Email: fraser.thomas@thelowry.com
The Broughton Trust	Target age group: 18-24 year olds. Offer: The Trust provide intensive support to young people to enable them to overcome personal and practical barriers to employment.	Email: dave.mayers@thebroughtontrust.org.uk

Study programmes, traineeships and apprenticeships

Provider	Offer	Contact Details
Sale Sharks	Target age group: 16-18 year olds. Offer: Sale Sharks provide training programmes for young people who have left school, who may not have gained any qualifications and are unsure about their next step. Combining tuition for Level 2 Employability qualification and Functional Skills in English and Maths with work placement, active enrichment and life skills.	Email: des.howlett@salesharks.com
YMCA	Target age group: 16-19 year olds. Offer: YMCA provides opportunities and support in Salford for school-leavers and young people who want to improve their skills and chances of finding employment. YMCA offer study programmes and traineeships in various sectors.	Phone: 0161 820 3835 Email: vivianne.allen@ymca.co.uk
		Website: https://www.ymca.co.uk/education-and-training/our-centres/salford

Foundation 92	<p>Target age group: 16-18 year olds.</p> <p>Offer: The Foundation 92 programme will help you achieve your goals and become 'work ready'. It will consist of a work experience placement, work preparation training and English and Maths qualifications.</p>	<p>Email: donna.hennessy@foundation92.co.uk</p>
Build Salford	<p>Target age group: 16-24 year olds.</p> <p>Offer: The Build Salford traineeship is a 16-week course, based at Salford City College, which gives twenty young people the opportunity to get into a construction based apprenticeship by providing them with practical hands-on training, access to extensive work experience, job preparation support and quality classes and tutorials delivered by experienced industry experts.</p>	<p>Email: John.Jordan@salford.gov.uk</p> <p>Website: https://www.salfordcc.ac.uk/apprenticeships-salford-city-college/build-salford/</p>
Evolve Hairdressing	<p>Target age group: 16+.</p> <p>Offer: Evolve Academy provides independent training in hairdressing and barbering across Greater Manchester. The academy offers apprenticeships, career development courses and a traineeship programme.</p>	<p>Phone: 0161 820 2015</p> <p>Email: martinharkness@evolveacademy.org</p> <p>Website: https://evolveacademy.org/</p>
The Growth Company	<p>Target age group: 16-18 year olds.</p> <p>Focus areas: IAG, traineeships and study programmes.</p> <p>Offer: The Growth Company offer study programmes, GCSE Maths and English, functional skills Maths and English and employability skills. They also offer work placements for young people to gain valuable skills and experience to prepare them for the world of work. Ongoing support throughout the programme by friendly, supportive staff.</p>	<p>Phone: 0161 674 9664</p> <p>Email: pauline.blackshaw@gceducationandskills.ac.uk</p> <p>Website: https://www.gceducationandskills.ac.uk/</p>
Rio Ferdinand Foundation	<p>Target age group: 10-25 year olds.</p> <p>Offer: The Rio Ferdinand Foundation create opportunities and pathways</p>	<p>Phone: 0161 743 3779</p> <p>Email: victoria@rioferdinandfoundation.com</p>

	for young people to achieve their potential, through sports, media, arts and education.	Website: https://www.rioferdinandfoundation.com/
Salford Futures	Target age group: 16+. Offer: Salford Futures provides support to unemployed Salford residents through the provision of work experience placements and pre-employment training and support. It also encourages local employers to create and develop employment opportunities through the provision of grants, funding and wider business support.	Email: David.Timperley@salford.gov.uk Website: https://www.salford.gov.uk/jobs-skills-and-work/salford-futures/
HIVE	Target age group: 14-24 year olds. Focus areas: Traineeships, study programmes, training and employer engagement. Offer: Our offer is a free digital coding course to learn about coding, networking and cybersecurity, this will also include mentoring, and support to plan for a job, apprenticeship or further training.	Email: damian@hivemanchester.net Website: http://hivemanchester.net/digital-people/
Myerscough College	Target age group: 16-24 year olds. Offer: Myerscough provides support to unemployed Salford residents, giving them employability skills for career progression. The aim of traineeships is to give people access to quality work experience and relevant training to ensure people have the necessary skills and experience required by employers for jobs and apprenticeships.	Email: DSalmon@myerscough.ac.uk Website: https://www.myerscough.ac.uk/news/brighter-future-for-young-people-of-salford-thanks-to-myerscough-traineeships/

Employability skills

Provider	Offer	Contact Details
Step Together	Target age group: 16-25 year olds. Offer: Step Together support young people find volunteer opportunities that are enjoyable, where they can make new friends and learn new skills. We provide one-to-one support and mentoring throughout the placement process, to build	Email: wendy.callaghan@step-together.org.uk Website: https://step-together.org.uk/

	confidence and aspirations, as well providing practical support such as help with CVs and interview techniques.	
National Careers Service	Target age group: 16-18 year olds. Offer: The National Careers Service provide IAG across Salford and surrounding areas to help people make decisions on learning, training and work. The service offers confidential and impartial advice and is supported by qualified careers advisers.	Phone: 0800 100 900 <i>Please note this offer is via telephone or website support only, no face to face provision.</i>
		Website: https://nationalcareersservice.direct.gov.uk

If there are other barriers you are experiencing, there are further resources below to help you including housing support, emotional wellbeing and domestic abuse services.

Debt advice

Provider	Offer	Contact Details
Salford Assist	<p>If you find yourself without the finances to feed yourself or family or heat your home, help is available from Salford Assist.</p> <p>The Salford City Council scheme offers short-term support to people who can't meet their own or family's basic needs because of a crisis, emergency or disaster.</p> <p>Support is discretionary but could include help with baby items, essential furniture, gas and electricity or necessary documents for people who are homeless. Salford Assist can also signpost to debt, benefits and affordable energy advice.</p>	<p>How to apply for Salford Assist:</p> <p>Call the Spirit of Salford Helpline on 0800 952 1000 from 8.30am to 6pm.</p> <p>Submit the application form (which can be found on the link below) or email to: salfordassist@salford.gov.uk</p> <p>Click here for website.</p>
Welfare Rights and Debt Advice Service	<p>For Salford residents only.</p> <p>We can help you work out what benefits and tax credits you are entitled to and argue your case at an appeal if you disagree with a decision. If you have debt problems we can help you draw up financial statements, negotiate with your creditors and represent you in court. Get more detail about the different</p>	<p>How to contact us for advice on your benefits</p> <p>Phone: 0800 345 7375</p> <p>How to contact us for advice on your debts</p> <p>Phone: 0800 345 7323</p> <p>The online referral form can be found here.</p>

	ways you can contact us for welfare rights or debt advice.	
Citizens Advice	<p>It's important to make sure that you get all the help that you're entitled to. These pages give you information on:</p> <ul style="list-style-type: none"> • benefits • tax credits if you are working or unemployed, sick or disabled, a parent, a young person, an older person or a veteran • council tax • housing costs • national insurance • payment of benefits • problems with benefits. 	<p>Check what benefits you can get here.</p> <p>Find out what help you can get if you are on a low income here.</p> <p>Phone: 0300 3309 074</p>
National Debt Line	<p>We know many people are worried about their finances right now. We are here to help. Like many employers, we are taking steps to look after our staff in line with public health guidance, but we are open to give you the advice and support you need.</p>	<p>Webchat with a specialist adviser 9am - 8pm Monday to Friday.</p> <p>Phone: 0808 808 4000</p> <p>Use our Digital Advice Tool to do a budget if you're ready and get online advice about your debt solution options.</p>
Stepchange Debt Charity	<p>Need debt advice? Our online debt advice tool is available a time that suits you. Don't forget to use our budget form to gather information before starting your debt advice session, either online or over the phone with one of our advisors. A debt advice call takes around 40 minutes to complete, however, please be aware that we are currently operating at reduced capacity, so you may experience a delay when you call us.</p>	<p>Telephone: 0800 138 1111 Monday to Friday 9am to 5pm</p>
Better Off Salford	<p>BetterOff provides online information for people who live in Salford.</p> <p>BetterOff will show you the benefits you are entitled to and will help you to apply for them online.</p> <p>BetterOff also provides information on how to find and apply for jobs.</p>	<p>For information on how to sign up for this service please click here.</p>

Housing Associations operating in Salford

Provider (click provider name for web link)	Contact Details
Abbeyfield	Telephone: 0161 790 8331
Adactus (was Family Housing Association)	Telephone: 0300 111 133
Anchor Housing Association	Telephone: 0808 102 6398
Arcon Housing Association	Telephone: 0161 214 4120
Carr-Gomm Society	Telephone: 0300 666 3030
Clarion (was Affinity Sutton)	Telephone: 0300 100 0303
ForHousing	Telephone: 0300 123 5522 Email: william.blundell@forhousing.co.uk
Great Places	Telephone: 0300 123 1966
Guinness Partnership	Telephone: 0300 123 1890
Hanover Housing Group	Telephone: 01480 475069
Housing 21	Telephone: 0370 192 4000
Irwell Valley Housing Association	Telephone: 0300 561 1111
MJHA	Telephone: 0161 740 0001
MSV (was Mosscafe and St Vincents)	Telephone: 0161 226 4211
Onward (was Contour)	Telephone: 0345 602 1120
Pendleton Together	Telephone: 0300 555 5567 Email: sarah.davies@togetherhousing.co.uk
Places for People	Telephone: 01132 858923
Riverside	Telephone: 0345 111 0000
Salix Homes	Telephone: 0800 218 2000
Your Housing Group	Telephone: 0345 345 0272
Salford Housing Options Point	Telephone: 0161 793 2020

Emotional Wellbeing

Provider	Offer	Contact Details
CAMHS	Multi-disciplinary Child and Adolescent Mental Health Service for Salford.	Referral by GP. Pendleton Gateway, 1 Broadwalk, Salford, M6 5FX Phone: 0161 518 5400 (main reception)
Greater Manchester Mental Health NHS Foundation Trust	Provides support with: <ul style="list-style-type: none"> • Community Mental Health Teams • Inpatient services (Meadowbrook and Woodlands) • Rehabilitation • Memory Assessment Treatment service (MATS) • Crisis Resolution Home Treatment • Early Intervention in Psychosis • Day opportunities 	Bury New Rd, Prestwich, Manchester M25 3BL Phone: 0161 773 9121

	<ul style="list-style-type: none"> • Psychology 	
START in Salford Arts Project	The creative activities at START have been successful in helping people overcome emotional difficulties and reach new heights. The opportunity to be creative acts as a social outlet for members as well as being a great way to learn new skills. It empowers them to express themselves more clearly and come to a better understanding of their place in the world and what they can achieve.	Brunswick House, 62 Broad St, Salford M6 5BZ
Self Help Services e-therapy	<p>This service offers online cognitive behavioural therapy (CBT), such as Beating the Blues or Living Life to the Full and is very effective in helping people to overcome anxiety and/or depression.</p> <p>It teaches you a wide range of CBT techniques via a computer and is clinically proven to help overcome issues related to low mood, anxiety, stress and insomnia.</p>	<p>Phone: 0161 226 3871</p> <p>Email: pws.manchester@selfhelpservice.s.org.uk</p>
Six Degrees Social Enterprise	Six Degrees Social Enterprise delivers accessible, recovery orientated services for people with common mental health problems such as depression and anxiety. The services are confidential and free for anyone aged 16 years and over.	<p>You can access the service through your GP practice or directly.</p> <p>Southwood House, Greenwood Business Centre, Regent Road, Salford, M5 4QH</p> <p>Phone: 0161 212 4981</p>
Garden Needs	<p>Garden Needs is a mental wellbeing garden centre, a partnership project between Mind in Salford and Social Adventures.</p> <p>Garden Needs is a place to come and make friends, commune with nature and learn some new skills. There are drop-ins and volunteering opportunities for people with experience of mental or emotional distress. You can even do a qualification in horticulture and help with landscaping and grounds maintenance work.</p>	<p>1 Radford Street, Salford, M7 4NT</p> <p>Phone: 0161 212 4980</p> <p>Email: info@gardenneeds.org.uk</p>

Health improvement service	The health improvement service can support you in different ways to look after both mental and physical wellbeing.	Phone: 0800 952 1000 Website: https://www.salford.gov.uk/health-and-social-care/health-services/health-improvement-connect/
Access to Work	<p>Salford City Council is partnering with Access to Work: Mental Health Support Service to offer an on-site mental health support service to employees.</p> <p>Through the one to one sessions, employees will gain access to:</p> <ul style="list-style-type: none"> • Tailored work-focused mental health support for nine months • Suitable coping strategies • A support plan to keep you in, or return to work • Ideas for workplace adjustments to help you fulfil your role • Practical advice to support those with a mental health condition. 	<p>To book a remote appointment, email chris.kingsbury@remploy.co.uk or bethany.kimberley@remploy.co.uk</p> <p>You can also access the service by phoning 0300 456 8114 or emailing a2wmhss@remploy.co.uk</p>
Young Minds	Supporting and empowering young people with mental health needs.	24-hour support - text YM to 85258
42nd Street	Provides a range of services to young people including mental health needs assessment, counselling & therapy, individual community mental health support, group work, drop-ins, a helpline, youth work activities, participation opportunities for young people using the service, and a national online question and answer service for young people affected by self-harm.	<p>Phone: 0161 228 7321</p> <p>Email: theteam@42ndstreet.org.uk</p> <p>Online support - https://onlinesupport.42ndstreet.org.uk/what-is-counselling</p>
Emergence	Emergence is a service user-led organisation supporting all people affected by a diagnosis of personality disorder, whether you are a service user or a carer (which is a family member or friend of a service user).	https://www.emergenceplus.org.uk/
Rethink	Rethink is a leading national mental health membership charity and works to help everyone affected by	Phone: 0300 5000 927

	severe mental illness recover a better quality of life. The website has information on a range of mental health needs from personality disorders through to schizophrenia.	
Emerge	Emerge is a comprehensive multi-disciplinary service targeted at 16- and 17-year olds in order to provide a developmentally appropriate, flexible and responsive service. It is based in the community offering mental health services in a range of settings. Emerge is a stand-alone CAMHS service which focuses on the specific needs of 16 – 18-year olds with moderate to severe mental health problems. The team will accept routine and urgent referrals. All accepted urgent referrals will be prioritised and assessed within two working days.	Phone: 0161 226 7457 (Reception) Email: Cmm-tr.emerge.cmft@nhs.net
Making Space	Person-centred support for people living with mental health conditions.	Stott Ln, Salford, M6 8HD Phone: 0161 772 4370
Anna Freud	The section on Self Care was built from research involving young people – it highlights what young people felt worked best for them when struggling with low mood or anxiety.	https://www.annafreud.org/media/8502/final_infographic_self_care.pdf
Kooth	All children and young people in Greater Manchester can now access free online counselling and emotional well-being support.	Please click here for more information.
Beyond	Working together, NHS Salford Clinical Commissioning Group (CCG) and Salford City Council have supported Mind in Salford, mental health charity START and Six Degrees Social Enterprise to form a new service called Beyond. Beyond will offer support to people who are struggling with their mental health due to COVID-19 but are not known to Salford’s mental health services. To meet people’s needs, a range of options is on offer, including:	Referrals to the service are through the Spirit of Salford helpline, organised by Salford City Council on 0800 952 1000, Monday to Friday, 8.30am to 6pm, Saturday, 9am to 1pm, or www.salford.gov.uk/spiritofsalford

	<ul style="list-style-type: none"> • Online support (e.g. mindfulness, self-help support packages) • Telephone support (e.g. problem-solving approaches, talking therapies) <p>Support to adapt or establish a routine whilst self-isolating/social distancing</p>	
Shout	<p>24/7 text messaging service to support those in crisis.</p> <p>This easy to use free text messaging helpline is a private, silent and trusted way, for people experiencing mental health challenges to find a safe space to seek help and support. You can send a text message any time of day or night wherever you are – every conversation is with a human being.</p>	Text GMSalford to 85258 to start a conversation with a crisis volunteer
SilverCloud	<p>SilverCloud offers online programmes for adults (16 years+) to help ease your levels of stress, sleep better or to build resilience.</p> <p>You can choose to use any of the programmes. They are self-help, confidential and secure.</p>	<p>Instant access to self-help support:</p> <p>https://GM.silvercloudhealth.com/signup</p>
Salford Women's Centre	Offering counselling, Post-Natal Depression support, courses and classes.	<p>Contact:</p> <p>info@salfordwomenscentre.co.uk</p>
Papyrus	Specialist telephone helpline service for people at risk of self-harm/suicide. Staffed by trained professionals who give non-judgmental support, practical advice and information to young people, family, concerned friends, health Professionals, education staff and other professionals.	<p>Phone: 0800 0684 141</p> <p>Text: 07860 039 967</p> <p>Email: pat@papyrus-uk.org</p>
Recover Your Life Project	An online community forum to offer support and advice to individuals who self-harm / are at risk of self-harm.	https://www.recoveryourlife.com/index.php?categoryid=1
Self Help Services- The Big Life Company	A variety of self-help initiatives including self-help groups (depression, anxiety & social	https://www.selfhelpservices.org.uk/

	phobia), structured courses for self-esteem, depression, anxiety and emotional wellbeing, a complementary therapy clinic, computerised cognitive behavioural therapy, primary care mental health service, gun and knife crime clinic.	
Dad Matters	<p>Dad Matters is a Home-Start Project, based in Greater Manchester.</p> <p>Supporting dads to:</p> <ul style="list-style-type: none"> • have successful relationships with their families, and to support dads with anxiety, stress and mental health issues. • get dads engaged with services that have traditionally been targeted at mums, and to train & support volunteer dads to work with us. • make sure dads know how important they are, how to access support when they need it and why it's essential for baby's development. <p>Our team is made up of specialist staff from Home-Start HOST and the Tameside Early Attachment Service (NHS) with links to midwifery, health visiting, mental health services and voluntary sector organisations across Greater Manchester.</p>	https://dadmatters.org.uk/about/
Bereavement counselling	<p>It can sometimes be easier to talk to a stranger on the telephone, about the things that you are going through, than to talk to a person who is close to you.</p> <p>If you would like some specialised support in connection with a bereavement, Salford City Council has a list of organisations that can provide counselling and companionship.</p>	https://www.salford.gov.uk/births-marriages-and-deaths/dealing-with-a-death/bereavement-support/

Domestic Abuse Support Service and Children's Commissioner

Provider	Offer	Contact Details
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Salford Independent Domestic Abuse Support Service	<p>Salford Independent Domestic Abuse Support Service (SIDASS) is part of the local charity Salford Women's Aid, which offers a range of services to help and support women, men and children who are affected by domestic abuse.</p>	<p>You can telephone our helpline in the strictest confidence on: 0161 793 3232</p> <p>Monday to Friday from 1:00 p.m. to 4:00 p.m. and there is an answer phone outside of these hours.</p> <p>If we are unable to answer your call, or you need support outside of these hours, contact the 24-hour National Domestic Violence Freephone Helpline on: 0808 2000 247.</p> <p>If you are in immediate danger, please call 999.</p>
Worried about a child	<p>If you are worried about the welfare or safety of a child it is very important that you contact us.</p> <p>Salford City Council and our partners have a multi-agency hub called the Bridge Partnership that screen all contacts concerning the welfare or safety of a child to children's services.</p> <ul style="list-style-type: none"> • Who is involved? • Children's Services • Early Help services • Greater Manchester Police • Salford Royal NHS Foundation Trust • Child and Adolescent Mental Health Services • Achieve Recovery Services • Greater Manchester Mental Health NHS Foundation Trust. 	<p>The Bridge Partnership can be contacted by telephone on 0161 603 4500 from 8.30am to 4.30pm.</p> <p>If you need to speak to somebody about your referral of concern outside these hours, please call the Emergency Duty Team on 0161 794 8888</p> <p>For more information please click here.</p>
Worried about an adult	<p>If you believe or suspect an adult at risk is being abused, it is vital you alert the authorities.</p> <p>If you are worried about someone who may need some help / care and support, but you are not concerned about abuse or neglect, there is more information here about</p>	<p>Call 999 in an emergency or where you believe a serious criminal act has taken place.</p> <p>Make a safeguarding referral through the online portal.</p> <p>You can speak to the Adult Social Care Contact Centre on 0161 631</p>

	<p>exploring different options and you can use the portal to request support.</p>	<p>4777 (Monday to Friday 8.30am to 4.30pm).</p> <p>If you need to speak to someone urgently outside of office hours call 0161 794 8888 (4.30pm to 8.00am weekdays and 24 hours over weekends and bank holidays).</p> <p>You can email: worriedaboutanadult@salford.gov.uk</p>
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